



**JUIN 2023**

**MOUNTAIN  
CAMP IN THE  
CATALAN  
PYRENEES**

**To discover the wild life in the “Pyrenees” and to play mountain sport.**

Hiking, tree climbing, canyoning, mountain biking, “via ferrata”, Rotary meetings, Actions, and so more....

**Rotary-club  
Font-Romeu  
Pyrenees  
Catalanes  
DISTRICT 1700  
FRANCE**

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**Mountain Camp  
2023**

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**From 06/16/2023 to  
06/25/2023**

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**Age: 18 to 23**

**Theme:**

Discovery of an open Pyrenean mountain environment, through outdoor sports activities.

**Main theme but not verbalized:**

To allow young people from all cultures to live together and to understand, feel, accept that they are not so different and forge bonds of friendship for an entire life.

**General:**

Hosted in the Pyrenees by the organization of the Rotary Club Font-Romeu Pyrénées Catalanes, young people from various countries will be invited to discover the valleys and mountains of Cerdagne and Capcir in their richness and diversity, through activities nature, sporting connotations.

- From 10 to 15 places are open.
- Registrations closed as soon as full or no later than May 10, 2023.
- A Rotary Action, charitable a priori, will also be on the program of the camp.

**Age**

Participants will be between 18 and 23 years old, their majority being required. Diversity essential, both in sex, in origin, various countries and origins, various continents if possible.

**Language**

The official language is English, Spanish is accepted. practice of French is a Plus

**Accompaniment:**

Club members and a professional mountain guide for each outing.

**Accommodation:**

Lodge.

Bring sleeping bag, towel and walking shoes.

**Managers:**

Veronique Gomes, Christian Bonnet, Claude Crubleau. Details will be sent to participants.

**Program:**

4 hikes are planned to remarkable sites, supervised by a professional guide.

- Camporeils ponds

- The Bouillouses lake and the Carlit massif
- The Eyne valley, (rare endemic botany)
- La Carança, unforgettable via ferrata.

Accessible to all levels and without specific equipment, except for a backpack, outdoor clothing and a good pair of mountain shoes.

3 specific visits:

- the Fontrabiouse cave, remarkable for its concretions and magnificent rooms
- the Parc animalier des Angles, where the endemic fauna of our mountains is presented in a concept of semi-freedom of species
- Naturlandia site in Andorra which shows another way of conceiving and developing the mountain. (meeting with the Andorran club)

1 MTB Days

This means allows you to go quickly and far in the mountains by taking marked and secure circuits.

Supervision is carried out by a pro who will provide services and equipment. The planned itinerary is “Le tour du cancer”

1/2 day sailing:

On Lake Matemale, an introduction to sailing in a dinghy or catamaran is planned. Supervision is carried out by a pro who will provide services and equipment.

½ Day Orienteering course:

Mounted by local soldiers.

NB: It is the weather that will control the sequence of sequences.

### **Miscellaneous:**

Conviviality is assured during the meals, which give pride of place to local and French culture. The participation of the members of our club, of their own children, if necessary, makes it possible to weave lasting bonds. Similarly, participation in one of our statutory meetings is planned, in order to sow seeds, which one day, no doubt, will germinate.

### **Prerequisites:**

- Legal majority in the country of origin

- Certificate of insurance including repatriation. You can subscribe to "AXA/Welcare" French contract (about 150 €/participant): <https://www.cabinetcarton.com/>, choix 3 (Insurances short exchange)

- No contraindications to general public sports practice.

- Medical certificate for sports practice

### **Participation fee**

€600 by participant, to be paid before the beginning of the camp.

### **Application:**

The application, using regular Short Term Youth exchange form, must be **send by a certified district**.

The application must be endorsed and signed by sponsoring Rotary club signatories and District Youth Exchange Chairman.

### **Arrival / Departure:**

#### **By Air:**

- ♣ Barcelona El Prats airport, then easy train connection to Puigcerda.
- ♣ Toulouse Blagnac airport, then rail link Toulouse Matabiau, Latour de Carol-Enveitg.
- ♣ Paris airport, then TGV Perpignan. Perpignan Mont Louis by Bus at 1 euro
- ♣ Make contact before departure to find out where to stay, near Mont-Louis

#### **By Road:**

- ♣ A20/ Rn 20 Paris, Bourg Madame
- ♣ A75 Paris Beziers then A9 Perpignan then RN116

**Make contact before departure to find out where to stay, near Mont-Louis**